

Data and Communication Resources for Youth Marijuana Prevention and Education

Health Information about Marijuana		
<i>These are the most-trusted resources on marijuana and health; websites are kept up-to-date</i>		
Source	Description	Website
Alcohol & Drug Abuse Institute (ADAI), University of Washington	Hosted by the University of Washington Alcohol & Drug Abuse Institute (ADAI). Updated regularly and includes data, fact sheets and resources. See the adolescent fact sheet for specific information about youth and marijuana.	learnaboutmarijuanawa.org
Centers for Disease Control and Prevention (CDC)	Marijuana and Public Health	cdc.gov/marijuana
	Health Effects of Marijuana	www.cdc.gov/marijuana/health-effects.htm
National Institute on Drug Abuse (NIDA)	Main Marijuana Page	www.drugabuse.gov/drugs-abuse/marijuana
	Marijuana: Facts Parents Need to Know	www.drugabuse.gov/publications/marijuana-facts-parents-need-to-know/letter-to-parents
	Marijuana: Drug Facts for Teens – This 2017 update presents much valuable information about marijuana basics, potency, delivery modes, effects on the brain and body, and more	teens.drugabuse.gov/drug-facts/marijuana
Substance Abuse and Mental Health Services Administration (SAMHSA)	Risk and Protective Factors Associated with Youth Marijuana Use	www.samhsa.gov/capt/sites/default/files/resources/risk-protective-factors-marijuana-use.pdf
Recent Reports That May Be Useful		
<i>Canadian Centre on Substance Abuse—2015 Effects of Cannabis Use During Adolescence Report</i>		www.ccsa.ca/Resource%20Library/CCSA-Effects-of-Cannabis-Use-during-Adolescence-Report-2015-en.pdf
<i>Monitoring Health Concerns Related to Marijuana in Colorado: 2016</i> A review of scientific literature on the health effects of marijuana and Colorado-specific health outcomes and use patterns. Most of this information is applicable to Washington too.		www.colorado.gov/cdphe/marijuana-health-report
<i>The National Academies of Sciences, Engineering, and Medicine—The Health Effects of Cannabis and Cannabinoids: The Current State of Evidence and Recommendations for Research</i> Summarizes recent research on the health effects of marijuana		www.nationalacademies.org/hmd/Reports/2017/health-effects-of-cannabis-and-cannabinoids.aspx
<i>The National Institute on Drug Abuse—Monitoring the Future, Key Findings on Adolescent Drug Use 2016</i>		2016 overview: www.monitoringthefuture.org/pubs/monographs/mtf-overview2016.pdf High school & youth trends: www.drugabuse.gov/publications/drugfacts/monitoring-future-survey-high-school-youth-trends
<i>World Health Organization—The health and social effects of nonmedical cannabis use</i> Presents current knowledge on the impact of nonmedical cannabis use on health		www.who.int/substance_abuse/publications/msbcannabis.pdf

Local Data and Information		
Source	Description	Website
Best Starts for Kids Indicators	Up-to-date data about the health and well-being of King County children, youth, families, and communities. Designed to inform community investments of the Best Starts for Kids initiative	www.kingcounty.gov/depts/community-human-services/initiatives/best-starts-for-kids/dashboards.aspx
City Health Profiles	Demographics and health data for 26 cities/areas in King County, plus city by topic appendix. Nothing specific to marijuana, but very useful for local context	www.kingcounty.gov/depts/health/data/city-health-profiles.aspx
Communities Count	Data and maps on 92 indicators across 9 topics. Nothing specific to marijuana, but basic needs indicators (income, housing, food) may offer helpful context for grant applications and understanding communities	www.communitiescount.org/ Data Resources page at www.communitiescount.org/index.php?page=data-resources
Community Health Indicators	For 168 indicators: tables, charts, and maps on King County health data. Go to “Behavioral Health” for marijuana data on adults and youth	www.kingcounty.gov/healthservices/health/data/indicators.aspx
Healthy Youth Survey (HYS)	Provides survey results about the health of adolescents in Washington	www.askhys.net/ * <i>*NOTE: AskHYS.net provides data from a sample of surveys, rather than all surveys</i>
	2016 data brief on youth marijuana use in WA	www.k12.wa.us/safetycenter/HealthyYouthSurvey/pubdocs/HYS16DB-MJ2017.pdf
	2016 overview of youth substance use in WA	www.k12.wa.us/safetycenter/HealthyYouthSurvey/pubdocs/HYS16DB-SUOverview20178.pdf
Public Health’s Data Request Service	Provides links to data sources and, if needed, customized assistance &/or analysis.	www.kingcounty.gov/healthservices/health/data/APDE/request.aspx
School District Health Profiles	Demographics and health data for 7 King County school districts (Seattle + 6 in South King County) based on Healthy Youth Survey. Current version presents data on marijuana and other drug use from 2004 through 2012	www.kingcounty.gov/depts/health/data/school-district-health-profiles.aspx
Washington State Liquor and Cannabis Board	Information about WA state laws	lcb.wa.gov/mj2015/faqs_i-502
	Frequently requested lists about marijuana (includes information on approved infused products, testing labs, education event resources)	lcb.wa.gov/records/frequently-requested-lists
Young Adult Survey	A 2014 internet survey conducted by the University of Washington Center for Study of Health and Risk Behaviors	learnaboutmarijuanawa.org/factsheets/YAHS%20Marijuana.pdf

What works? Evidence-based Approaches to Youth Marijuana Use

Source	Description	Website
Substance Abuse and Mental Health Services Administration (SAMHSA)	Strategies and Interventions to Prevent Youth Marijuana Use - An At-a-Glance Resource Tool	www.samhsa.gov/capt/sites/default/files/resources/prevent-youth-marijuana-use-tool.pdf
	Prevention programs that address youth marijuana use: list of nationwide programs that have been evaluated	www.samhsa.gov/capt/tools-learning-resources/prevention-programs-address-youth-marijuana-use
Center for the Application of Prevention Technologies— (SAMHSA)	Strategies/Interventions for Reducing Marijuana Use: summarizes the strength of evidence for strategies that may affect the initiation, escalation, and consequences of marijuana use (covers research through 2010)	www.colorado.gov/pacific/sites/default/files/MJ_RMEP_SAMHSA-Marijuana-Strategies-Interventions.pdf
WA Dept. of Social & Health Services, Division of Behavioral Health and Recovery (DBHR)	List of evidence-based programs effective in preventing and reducing marijuana use in youth and young adults (July, 2013)	www.theathenaforum.org/sites/default/files/Preliminary List of Evidence-based Programs - Preventing and Reducing Marijuana Use in Youth 7-10-13.pdf

Tools to Communicate and Visualize Data

Source	Description	Website
Infographics		
Easel.ly	Free tool for creating infographics, reports and flyers	www.easel.ly
Infogr.am	Free tool for creating infographics, reports and flyers	infogr.am
The Noun Project	Free downloadable icons	thenounproject.com
Piktochart	Free tool for creating infographics, reports and flyers	piktochart.com
Graphic Design and Data Visualization Tips		
Ann K. Emery, 7 Steps for Beginners: basics of design	Provides an excellent overview of how to present data in a visually appealing manner. Read this before you create infographics or data visualizations!	annkemery.com/dataviz-design-process
	Chart Chooser: when and how to use different charts	annkemery.com/essentials/
Better Evaluation: Visualize Data	Information on when to use certain types of charts	www.betterevaluation.org/en/plan/describe/visualise_data
Other		
Washington Department of Health – Health Education Resource Exchange	Professional development resources for material development, health communication, assessment, etc.	here.doh.wa.gov/professional-resources