

Introducing High School FLASH

Dear Parents and Guardians,

Your student will soon begin their sexual health unit in our class. We will be teaching the FLASH curriculum. The goals of the FLASH curriculum are to prevent teen pregnancy, STDs, and sexual violence; to improve family communication about relationships and sexual health topics; and to increase students' knowledge about sexual health. FLASH teaches about abstinence as well as condoms and birth control. It also teaches skills for respectful communication and healthy relationships.

FLASH respects the values families have about sexual health topics. When students ask questions about values, FLASH instructs teachers to: answer the factual part of the question, let them know that people have many different values about the topic, and send students to their families to learn their specific values. FLASH also has Family Homework assignments for each lesson so students can talk with a family member about the topics covered in class. Students are never asked to share what they talk about with their family. We hope this will provide a meaningful opportunity for you to talk together.

The High School FLASH lessons are listed below. If you have any questions, I would be happy to talk with you.

1. Climate Setting
2. Reproductive System
3. Pregnancy
4. Sexual Orientation and Gender Identity
5. Undoing Gender Stereotypes
6. Healthy Relationships
7. Coercion and Consent
8. Online Safety: Preventing Sexual Violence
9. Abstinence
10. Birth Control Methods
11. Preventing HIV and other STDs
12. Condoms to Prevent Pregnancy, HIV and other STDs
13. Testing for HIV and other STDs
14. Communication and Decision Making
15. Improving School Health