

Kein Jibāñ ko ñan Mōñā ilo Washington

Men in ej juōn laajrak in kein jibāñ ko remāroñ jibāñ eok ilo am kajitōk in deloñ ñan jeramman ko ñan mōñā, ebbōk jāan in kōllā mōñā ilo mōn wia ko im jikin wia in mōñā jān atake ko, im bukōt jikin ko ejjelak onean mōñā.

Kajin ko rej bellōk ñan kajojo kein jibāñ rej laajrak ilal. Jouj im kepāāke juōn armij eo emāroñ jibāñ eok ñe kein jibāñ eo ejjab bellōk ilo kajin eo am.

Kepāāke Washington (1-877-501-2233)

Ewōr ilo Kajin Spain, Russia, im China

Kajitōk in deloñ ñan Supplemental Nutrition Assistance Program (SNAP, Burokraam in Jibāñ Ebbōk Mōñā ñan Ejmour) jeramman ko ñan mōñā im kepāāke burokraam ko jōt ikijen jibāñ ñan mōñā an kien.



Washington 211 (Jiped 211)

Ewōr ilo Kajin Spain

Kepāāke jikin kakwōn mōñā ko itūrim im burokraam ko ñan mōñā.

WithinReach Pādlitūrim (1-800-322-2588)

Ewōr ilo Kajin Spain

Ebbōk jibāñ bukōt jikin kakwōn mōñā ko, burokraam ko ñan mōñā im burokraam ko jōt ikijen jibāñ ñan mōñā



Mab in Jikin Kakwōn Mōñā im Burokraam ko ñan Mōñā

Ewōr ilo Kajin Pālle wōt

Bukōt jikin kakwōn mōñā ko im burokraam ko ñan mōñā ilo Washington

Women, Infants, and Children (WIC)

Kōrā, Niñniñ, im Ajiri Burokraam (1-800-322-2588)

Ewōr ilo elōñ kain kajin ko

Kajitōk in deloñ ñan am ebbōk mōñā, katak kin mōñā, im jibāñ ñan kajiriri.

WIC ej ñan jabdewōt me ej barōro ak emōj an kamour, niñniñ ko, im ajiriri ro diiklak jen 5 aer yiiō.



Supplemental Nutrition Assistance Program (SNAP) (1-877-501-2233)

Ewōr ilo elōñ kain kajin ko

Kajitōk in deloñ ñan SNAP ñan am ebbōk jāan in kōllā ñan mōñā. SNAP emāroñ jermal ilo mōn wia, jikin wia in mōñā jen atake ko, im anlain ilo Amazon, Walmart, im Safeway.

SNAP Market Match

Ewōr ilo Kajin Pālle wōt

Riwia ro rej kōjermal jeramman ko an SNAP remāroñ wia elaplak leen wōjke im pejtōbōl kin SNAP Market Match. Bukōt jikin wia in mōñā jen atake ko rej bōk kunaer.



SNAP Produce Match

Ewōr ilo Kajin Pālle wōt

Bukōt mōn wia ko rej lelak riwia ro juōn \$5 coupon ñan fruit im vegetable ñe renij wia tarin \$10 onean fruit im vegetable ko rekāal im kwōoj kin SNAP..

