### What is whooping cough?

Whooping cough, also known as pertussis, is caused by bacteria that spreads from person to person in the air. Some signs are:



coughing fits



vomiting



difficulty breathing



#### Who can get very sick?

Babies can get very sick from whooping cough. While some babies do cough, many babies don't cough at all. Instead, they may struggle to breathe.

Whooping cough can lead to hospitalization, pneumonia, brain damage, or even death.





## What can I do to protect myself and others?



People of all ages can get vaccinated to protect themselves and others.









Babies and young children

Preteens

Pregnant people

Adults 19+

DTaP

Tdap

Tdap

Tdap

2, 4, and 6 months15-18 months4-6 years

11-12 years

Third trimester of each pregnancy

Anytime for those who have never gotten it

# How does vaccination protect babies during pregnancy?



When you get vaccinated, your body makes antibodies that get passed along to your baby. The antibodies protect your baby during the first few months of life.

If you are pregnant, get vaccinated early in the third trimester of your pregnancy. If you are sick with a cough, don't visit babies or pregnant people.



### Where can I find more information?

Talk to your doctor about being vaccinated. Need a doctor? Contact the Community Health Access Program by calling 1-800-756-5437 or emailing <a href="https://www.char.org/char.org/">CHAP@kingcounty.gov</a>.

To learn more about whooping cough, visit: bit.ly/kcpertussis



