

# DoxyPEP

*Doxycycline Post-exposure Prophylaxis*



## Fact Sheet

### What is DoxyPEP?

DoxyPEP is also known as **Doxycycline Post-exposure Prophylaxis**. Doxycycline is an antibiotic commonly used to treat bacterial infections. DoxyPEP can prevent bacterial STIs like syphilis, chlamydia, and gonorrhea when taken after condomless sex.

### Who is DoxyPEP for?

DoxyPEP can be used by **men who have sex with men (MSM)** and **transgender women who have sex with men** who have had one or more STIs in the prior year. DoxyPEP is not currently recommended for cisgender women.

### Is DoxyPEP effective?



- DoxyPEP is effective at preventing chlamydia, gonorrhea, and syphilis.
- Research showed that **DoxyPEP reduced the risk of getting gonorrhea, chlamydia, and syphilis by 65% among MSM and Trans women.**
- DoxyPEP is well tolerated with minimal side effects.

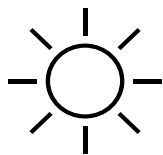
### What are the benefits of DoxyPEP?

DoxyPEP prevents chlamydia, gonorrhea, and syphilis when taken after condomless sex. Many people taking DoxyPEP report a decrease in anxiety and stigma associated with STIs. For some people, using DoxyPEP can be empowering, facilitate sex positivity, and allow individuals to take charge of their own sexual health.

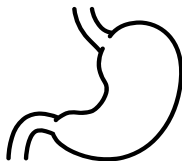
## What are the risks of DoxyPEP?

DoxyPEP risks may include:

### Side Effects

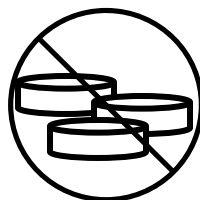


Sun Sensitivity



Esophagus & Stomach Irritation

### Other Possible Risks



Antibiotic Resistance



Microbiome Changes

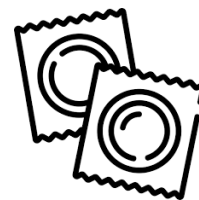
DoxyPEP may change your microbiome (the normal bacteria found on your skin, in your stomach, and other parts of your body). Possible changes in your microbiome may have long-term health effects which are currently unknown.

## How do I take DoxyPEP?

- **Take 200mg of doxycycline within 24 hours** - but no later than 72 hours - after condomless oral, anal, or vaginal sex.
- **Do not** take more than 200mg of doxycycline within a 24-hour period.
- DoxyPEP can be taken as often as every day, depending on sexual activity.

## How else can I protect myself?

DoxyPEP is just one part of a comprehensive safer sex plan. Additional ways to protect yourself from HIV & STIs include **using condoms, regularly testing for HIV/STIs, taking HIV PrEP, limiting your number of sex partners, and getting treated for HIV and STIs if you test positive.**



## How can I learn more about DoxyPEP?



Scan the QR code, or [click here](#), to view Public Health – Seattle & King County's DoxyPEP Guidelines.

The risks and benefits of DoxyPEP are complex. Talk to your medical provider if you're interested in taking DoxyPEP.