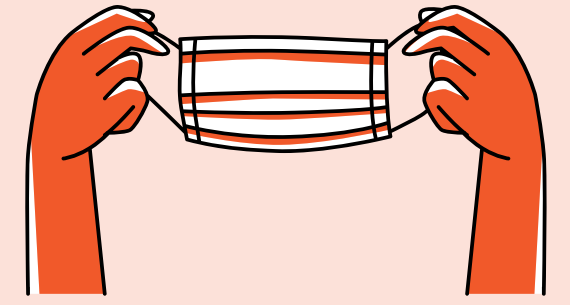


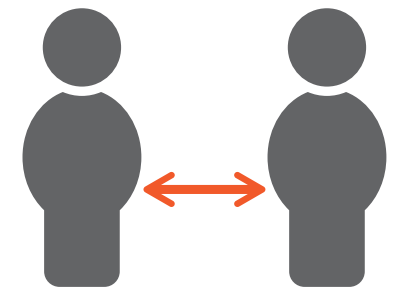
LIKWIN LOLORJAKE KAKŌĴĴE KO AN COVID-19 ILO IṀWEO

Eḷaṅṅe ewōr ippaṃ COVID-19 im koj jokwe ippen ro jet, enaaj ḷap kawatata ṅan an ajeedeed naṅnmej in ṅan armej ro jet ilo iṃweo iṃōṃ. ṅan kejparok iṃweo iṃōṃ, koj aikuj in ḷoor meḷeḷe kein eḷaṅṅe eṃōj kalikar ke ewōr aṃ COVID-19 iṃ/ak ebed ippaṃ kakōḷḷe ko.

1 Kōṅaki lipopo ko ak mask ko ilo aṃ bed ipeḷaakin armej ro ilo iṃweo ilo aolep iien ko.

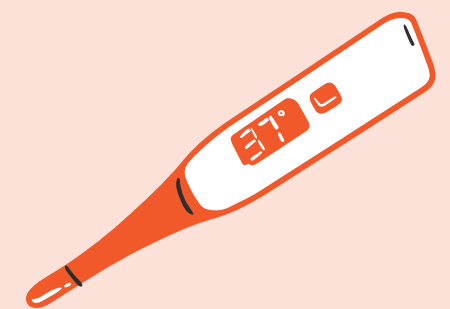


2 Lolorjake im debij wōt aṃ kattoḷḷok eok make jen ro jet kin jeṅṅe 6 ne (2 miita) aolep iien.

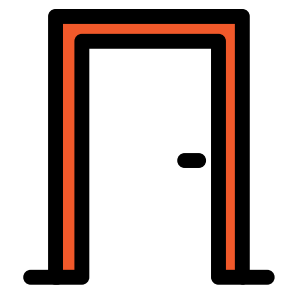


3 Likkun lale ḷok kakōḷḷe in naṅnmej eo.

Eḷaṅṅe kakōḷḷe ko aṃ rejino nana ḷok, karoṅ ḷok jikin ejmour eo ak King County COVID-19 Call Center eo ṅe ejjeḷok aṃ.

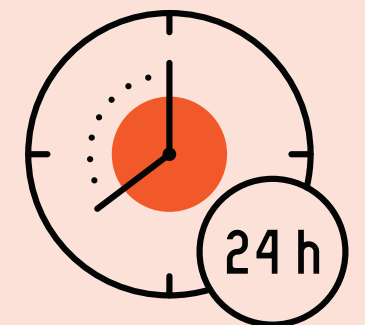


4 Bed wōt ilowaan juōn jikin eo im ettoḷḷok jen ro ilo ṃweo jeṅṅe wōt aṃ maroṅ.



5 Kajerbal jikin ko ekkā kajerbali einwōt jikin kōṃṃan ṃōṅṅā eo ak iṃōn kappojak ko ilo an oktak ien jen ro jet.

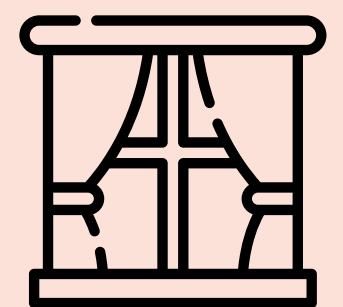
Kareoki ioon men ko koj kajerbali aolep iien. Kwalli kenno ko im ioon aolep men ko ṃōjin am kajerbali.



6 Kawiaaea jen am aje men ko ṃweim ippen armej ro koj jokwe ipeir, einwōt kenṅo ko, toḷḷ ko, im kein kiki ko.



7 Kabeḷḷok wintō ko ṅan an eṃṃan ḷok an aṅjerak im kaḷapḷok an diwōj-deḷoṅ kōto eḷaṅṅe koj kajerbal iṃōn kappojak eo ippen ro jet.

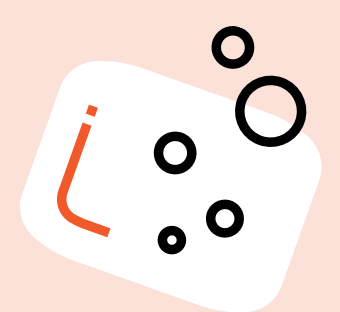


8 Kareo ioon aolepen jikin ko ekkā jibwi ṃōjin kajerbali, einwōt kein kapeḷḷok kajem ko im ioon kauntōr ko.



9 Bed im dāpdep wōt ilo aṃ kareoeo aolep ien.

Pinej pokpok ko im ṃaje ko kin juōn ṃōttan jiddikdik ak ṅe ejjob kajerbal jimwin peim. Kakutkut aṃ kwaḷ peim kin joop im dren ṅe ejjob kein kareo pā ko iṃ ewōr diktata in 60% arkol eo ie.



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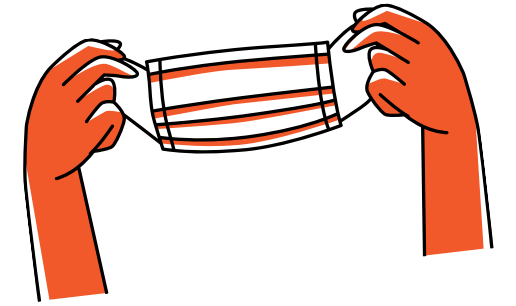
KEA KIN RO JET IM EBED COVID-19 IPPEIR ILO IṀWEO

Jokwe ippen juōn eo im ewōr COVID-19 ippeir ej juōn kawatata ņan aṃ naaj boke COVID-19. Jekdoṃn ņe eṃṃan aṃ kattoḷok eok make im kōṃak mask eo aṃ, kawatata ko ņan eok ņan aṃ bōk nañinmej in COVID-19 ilo aṃ jokwe ippen juōn eo im ewōr an nañinmej in COVID-19 elap an lap jen jeṃon. Eḷaṃṃe koj jokwe ippen juōn eo ewōr an nañinmej in COVID-19, kemij rōjaṃ eok bwe kon ḷoor buṃten kein:

1 Kelet juōn armej ilo iṃweo bwe en e eo ej bok eddo in rikau.

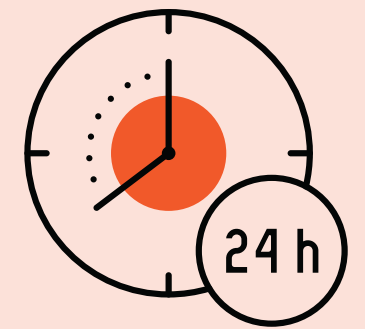
Lolorjake bwe armej eo ewōr COVID-19 ippen en lap ien an kakije. Kajerbal jabdewōt uno ko me rekkar nan piba, metak kabin būruoṃ im abbwiṃōṃō. Loor kilen kajerbali jen riletok ejmour ro.

2 Kōṃaki lipopo ko ak mask ko eḷaṃṃe koj aikuj bed iturin ro jet ilowaan ak inabōjin ṃweo.

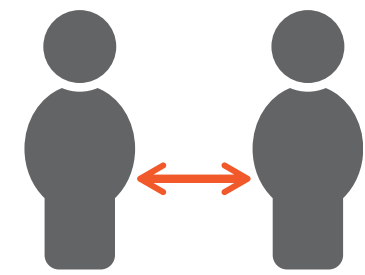


3 Kajerbal jikin ko ekkā kajerbali einwōt jikin kōṃṃan ṃōṃā eo ak iṃōn kappojak ko ilo an oktak ien jen ro jet.

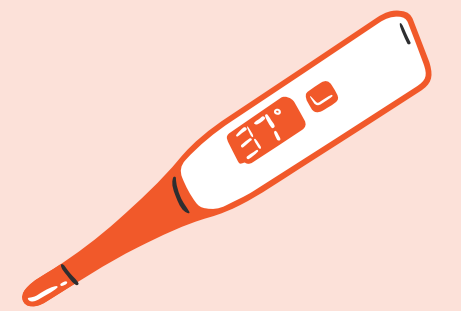
Kareeki ion men ko koj kajerbali aolep ien. Kwalli kenno ko im ion aolep men ko ṃōjin am kajerbali.



4 Jabdewōt eo im ejjab er rikau rej aikuj bed ilo aer kattoḷok er jen armej eo ewōr an COVID-19.



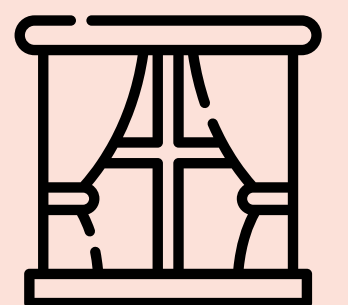
5 Likkun lale kakōḷḷe ko ņe koḷakin bo ippen COVID-19.



6 Kawiaaea jen am aje men ko ṃweim ippen armej ro koj jokwe ipeir, einwōt kenṃo ko, tṃṃ ko, im kein kiki ko.



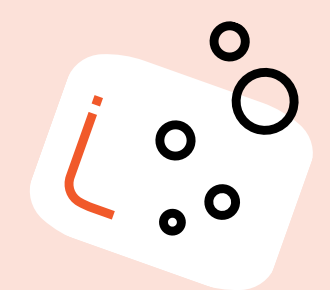
7 Kabeḷḷok wintō ko ņan an eṃṃan ḷok an aṃjerak im kaḷapḷok an diwōj-deḷoṃ kōto eḷaṃṃe koj kajerbal iṃōn kappojak ko ippen ro jet.



8 Kareo ion aolepen jikin ko ekkā jibwi mōjin kajerbali, einwot kein kapeḷḷok kajem ko im ion tebōḷ ko.

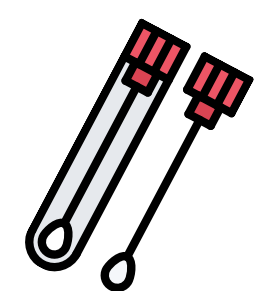


9 Bed im depdep wōt ilo am kareoeo aolep ien. Kakutkut aṃ kwaḷ peim kin joop im dren ņe ejjob kein kareo pā ko iṃ ewōr diktata in 60% arkol eo ie.



10 Bōke teej ko nan COVID-19.

Kattoḷok eok make jino jen raan eo eliktata im armej eo ebed COVID-19 ippen ilo iṃweo ejemḷok kitien an bed im kemakeik iaan.



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Ńan meḷeḷe ko jet ņan jeḷā kilen kea kin ro im ewōr COVID-19 ippeir ilo iṃweo, jouj im lo ḷok www.kingcounty.gov/covid/self-care (Kajin Belle wōt)