



COMICS, MAZES, AND
OTHER FUN ACTIVITIES FOR KIDS!
INFORMATION ABOUT VAGGINATION
FOR FAMILIES!



ULTRA GERM FIGHTERS



Mom says it's time to go to the clinic.
We need to get shots.



No!
I don't want one!



I know. Getting a shot is never fun.



I'd rather play
action heroes
with my friends!



**Why do we have
to get a shot??!**



The shot shows our body how to
fight off sickness.



Like this??!



...Not exactly.



YAH!



But it's safer to be with other kids when
your body knows how to fight bad germs.

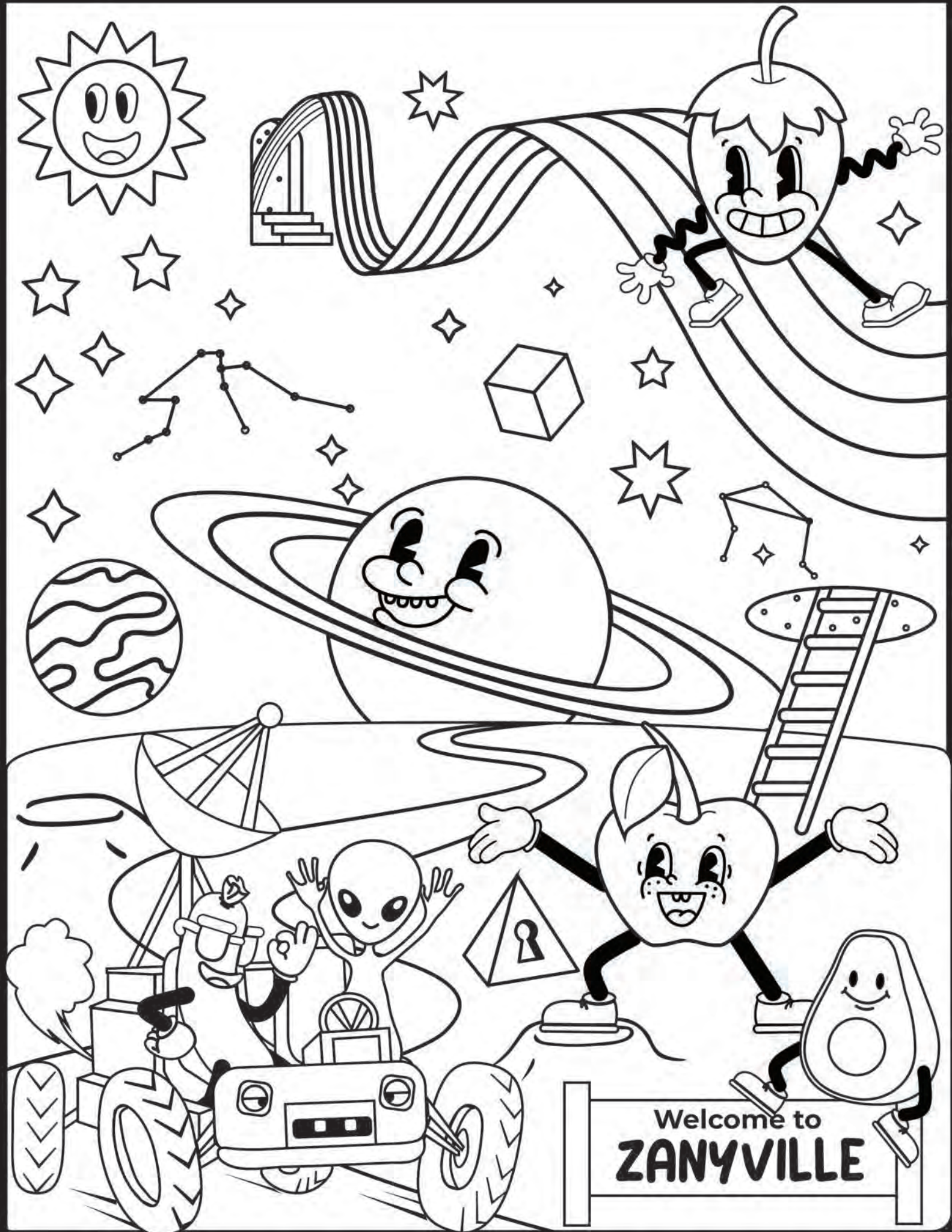


Ok.

To be continued...

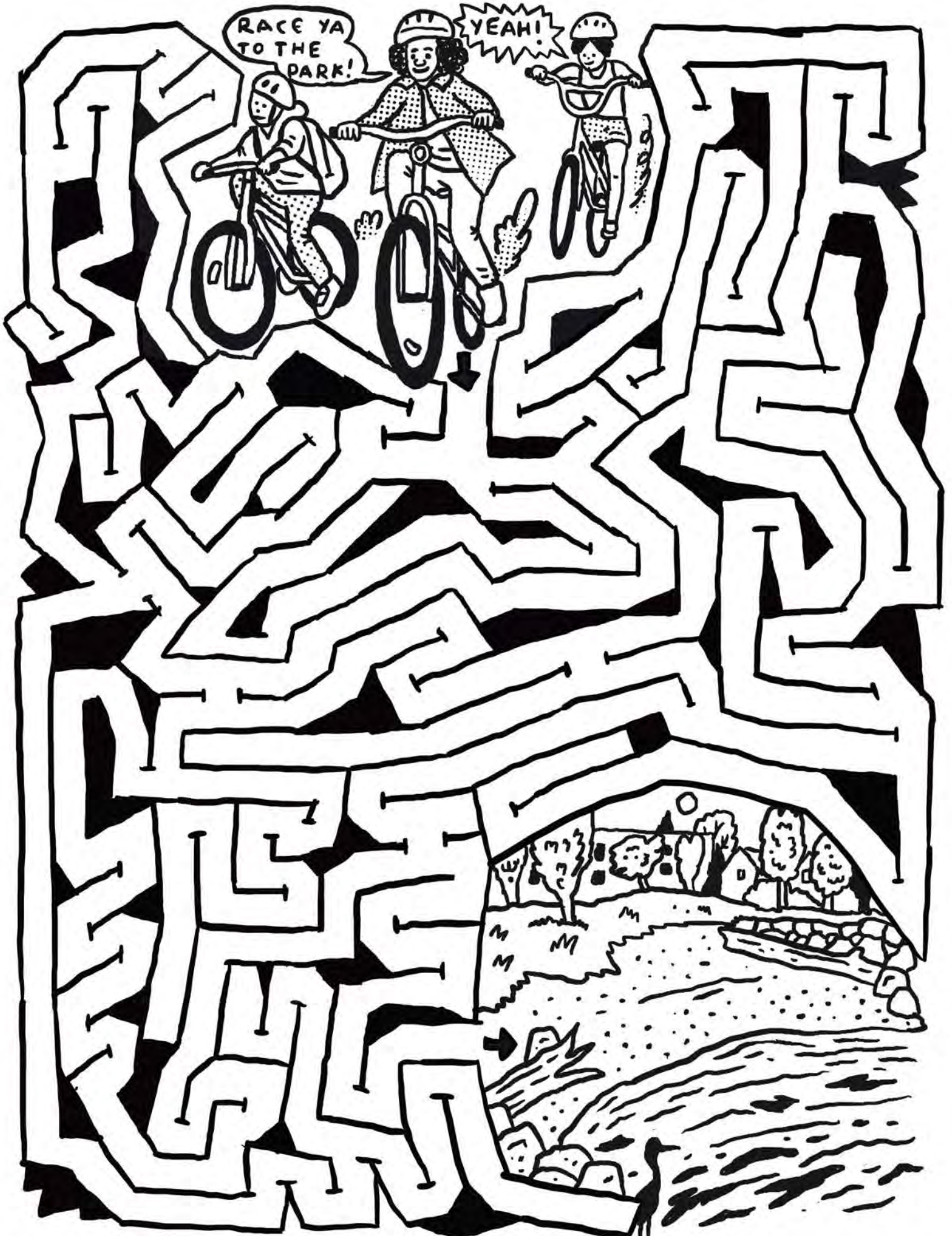
Artwork by Lizzi Akana, Rolando Avila, and Darin Shuler
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Graphic design by Rolando Avila

This book was co-created by Public Health – Seattle & King County
and community partners from Healthier Here and Best Starts for Kids.



Welcome to
ZANYVILLE

CAN YOU FIND 3 WAYS TO GET TO THE PARK?



SPOT THE DIFFERENCE

Can you find 11 differences between these pictures?



Find all the things that keep you healthy and fight germs!
Look for: Soap and Water, Face Mask, Hand Sanitizer, Playing Sports, Apples, Banana, Bandaid, Avocado, covid Test Kit, Getting Good Sleep.

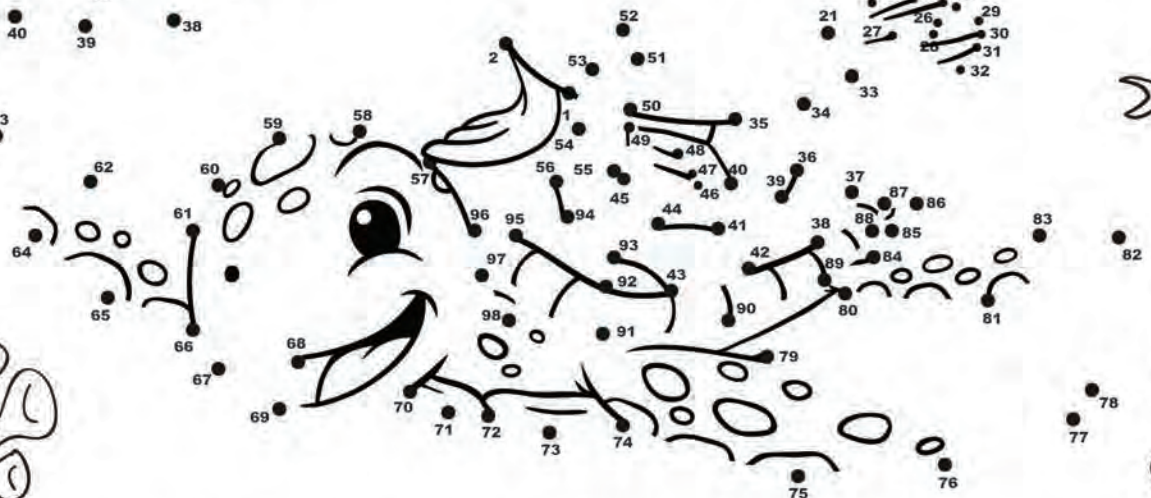
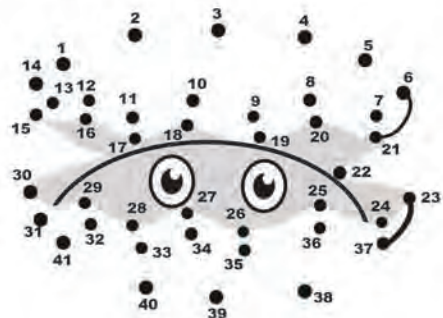






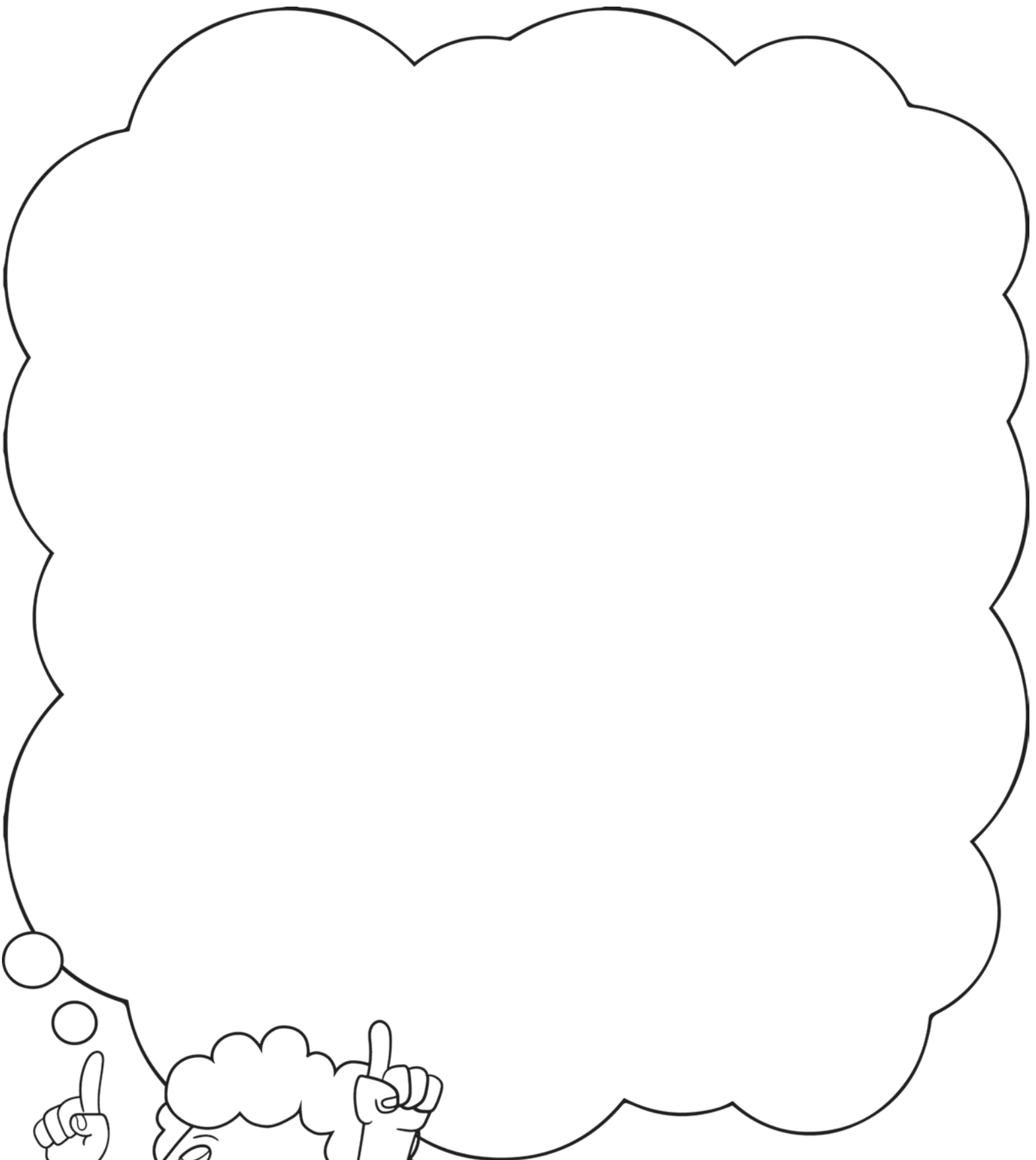
CAN YOU
HELP ME
FIND THE
GARDEN?

I NEED
A SNACK!



C O N N E C T

THE DOTS!



IMAGINE
YOUR PERFECT DAY

Later that day...



I did it!
I got the shot!

You were brave!



And now I'm ready to play...



ULTRA GERM FIGHTERS!



THE END

FAKAMATALA MA'Á E NGA AHI MĀTU'Á MO E FĀMILĪ FEKAU'AKI MO E COVID MO E NGA AHI HUHU MALU'I MA'Á E FĀNAÚ.

Ko e hā 'oku mahu'inga ai ke huhu malu'i 'eku leká?

'Oku fakahaofi 'e he huhu malu'í ho'ó leká meihe puke lahi mo e ngaahi mahaki hangē ko e mīselé, pea moe pōlioó.

'Oku ako'i 'e he huhu malu'í 'a e sinó ke ne 'ilo e founa ke malu'í ai ia meí he mahaki pipihí 'o 'ikai ha fakafe'ātungia ki ha'á ne puke lahi.

'Oku malu'í 'e he huhu malu'í 'a e tokotaha kotoa 'i he komiunitií. 'I he taimi 'oku tau huhu malu'í aí, 'oku tau ta'ota'ofi 'a e mahakí mei he'ene mafolá. 'Oku matu'aki mahu'inga ia ki he fanga ki'i pēpēé 'a ia 'oku nau kei iiki ke nau ma'u 'a e huhu malu'í pea moe kakai 'oku vaivai honau sinó ke tau'í 'a e mahaki pipihí, 'o hangē ko e kau toulekeleka pea mo e kakai 'oku nau tofanga 'i he HIV.

'Oku 'i ai nai ha uesia 'o e huhu malu'í?

Ko e faito'ó fakafalemahaki kotoa pē 'oku 'i ai hono uesia, kau ai mo e huhu malu'í. 'Oku fakahā atu 'e he ngaahi uesia tō ma'ama'á 'a hono fa'u 'e ho sinó ha malu'í. Ko e ngaahi uesia anga mahení 'oku kau ki ai 'a e mamahi, mofi tō ma'ama'a, mo e ongo'i ongosia.

'Oku hāhāmologia 'a e ngaahi uesia lahi. Ko e hā hono tā tu'ó lahi? 'I he fo'i huhu 'e miliona kotoa pē, ko e kakai 'e toko 1-2 ai 'e 'asi ai ha ngaahi faka'ilonga tamaki. Ko e 0.0002% ia 'o e ngaahi huhu 'oku fakahokó.

'E anga fēfē ha'aku fakahoko 'a e ngaahi huhu ko iá ke 'oua 'e fakatupu kulukia?

- **Fa'o e me'ava'inga manakoa taha, tohi, pe kafu fakafiemālie ho'ó leká. Faitotonu ki ho'ó leká.** Fakamatala ange ko e huhú 'e ki'i mamahi pe kalakala, ka 'e 'ikai mamahi 'i ha taimi loloa.
- **Kole ki he tokotaha 'okú ne tokanga'i ho leká ha ki'i fo'i kilimi fakafiemālie mamahi** pe ko ha ki'i fo'i hina fana fakamokomoko.
- **'Ai ke hanganoa ho'ó leká lolotonga 'a e huhú** 'aki ha fo'i hiva, talanoa, pe fā'ofua.
- **Mānava fakataha mo ho'ó leká** ke tokonia ke ne "puhi'i mama'o" 'a e mamahí.

Te u lava 'o ma'u mei fē ha huhu ma'a 'eku leká?

Huhu malu'í COVID-19: 'E lava 'a e longā'i fānaú 'o ma'u ha huhu malu'í ta'etotongi meihe COVID-19 'i he ngaahi famasií, 'enua toketaá pe kiliniki, pea mo ha feitu'u pē 'oku kau he lisi hā 'i he [kingcounty.gov/vaccine](https://www.kingcounty.gov/vaccine) (ngāue'aki 'a e ki'i faka'ilonga tao ki laló ke fili ai e ngaahi lea fakafonuá).

Polokalama Huhu Ta'etotongi Ma'ae Fānaú: Meihe fānau iiki ki he ta'u 18 'e lava ke ma'u honau huhu malu'í ta'etotongi mei he ngaahi feitu'u fai'anga tokoni fakafalemahaki lahi 'i Washington State. 'E malava ke 'i ai ha totongi fakaepepa, ka te ke lava 'o kole ke ta'ofi. Fakasio ha 'ofisi pe ma'u tokoni mei ha malu'í 'aki ho'ó tā ki he Community Health Access Program (CHAP, Polokalama 'Inisiau Mo'ui Fakakomiuniti): 1-800-756-5437 (Lea Faka Pilitānia/Sipeini pē).

'E malava ke ma'u 'e he fānaú ha huhu malu'í tu'ó lahi 'i he 'aha tatau pē. 'E lava ke fakahaofi heni ho taimí mo ho'ó pa'angá!

Ngaahi fakamatala kehe: 'A'ahi ki he

[kingcounty.gov/findaclinic](https://www.kingcounty.gov/findaclinic) ki ha ngaahi fakamatala lahi ange
(Lea Faka Pilitānia/Sipeini pē).