



COMICS, MAZES, AND
OTHER FUN ACTIVITIES FOR KIDS!
INFORMATION ABOUT VAGGINATION
FOR FAMILIES!



ULTRA GERM FIGHTERS



Mom says it's time to go to the clinic.
We need to get shots.



No!
I don't want one!



I know. Getting a shot is never fun.



I'd rather play
action heroes
with my friends!



**Why do we have
to get a shot??!**



The shot shows our body how to
fight off sickness.



Like this??!



...Not exactly.



YAH!



But it's safer to be with other kids when
your body knows how to fight bad germs.

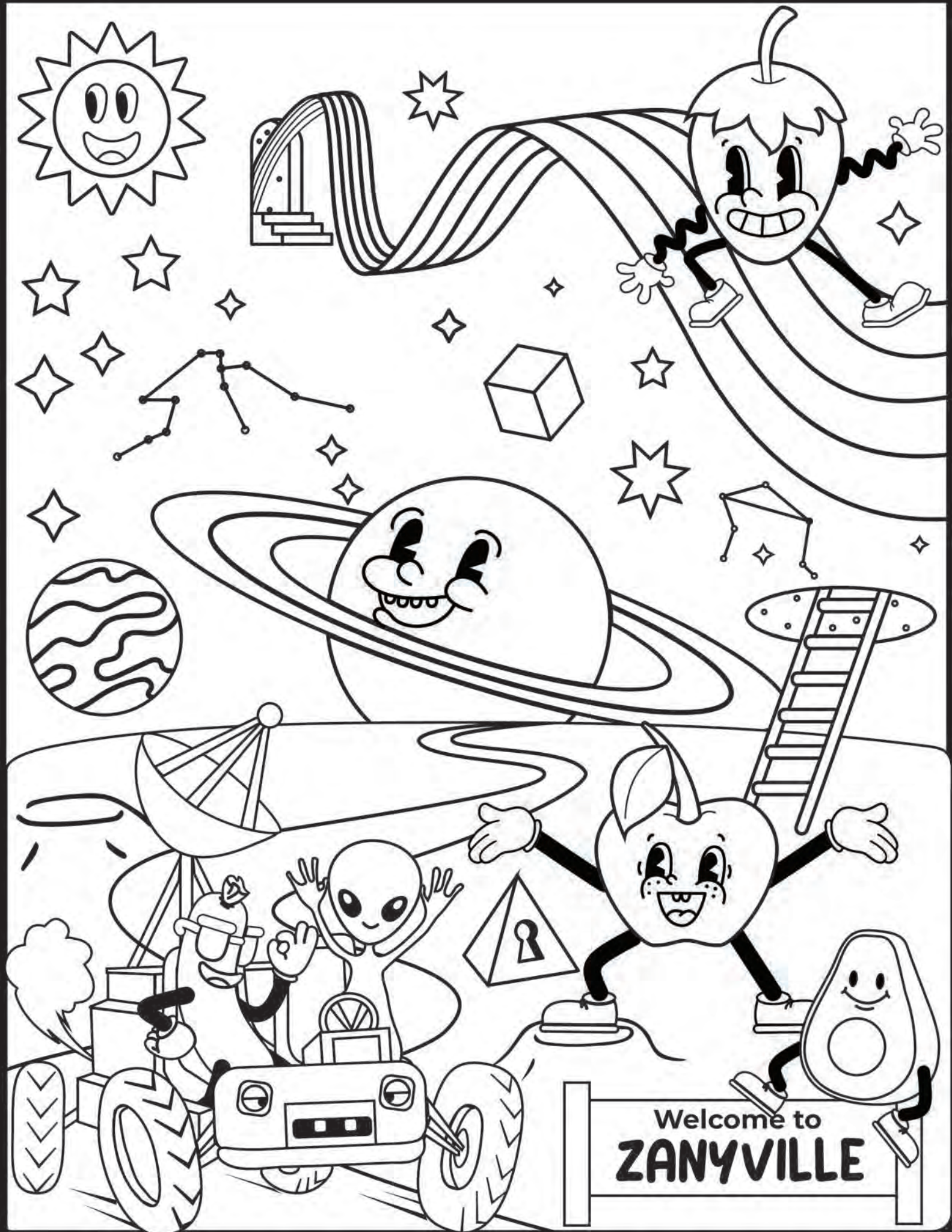


Ok.

To be continued...

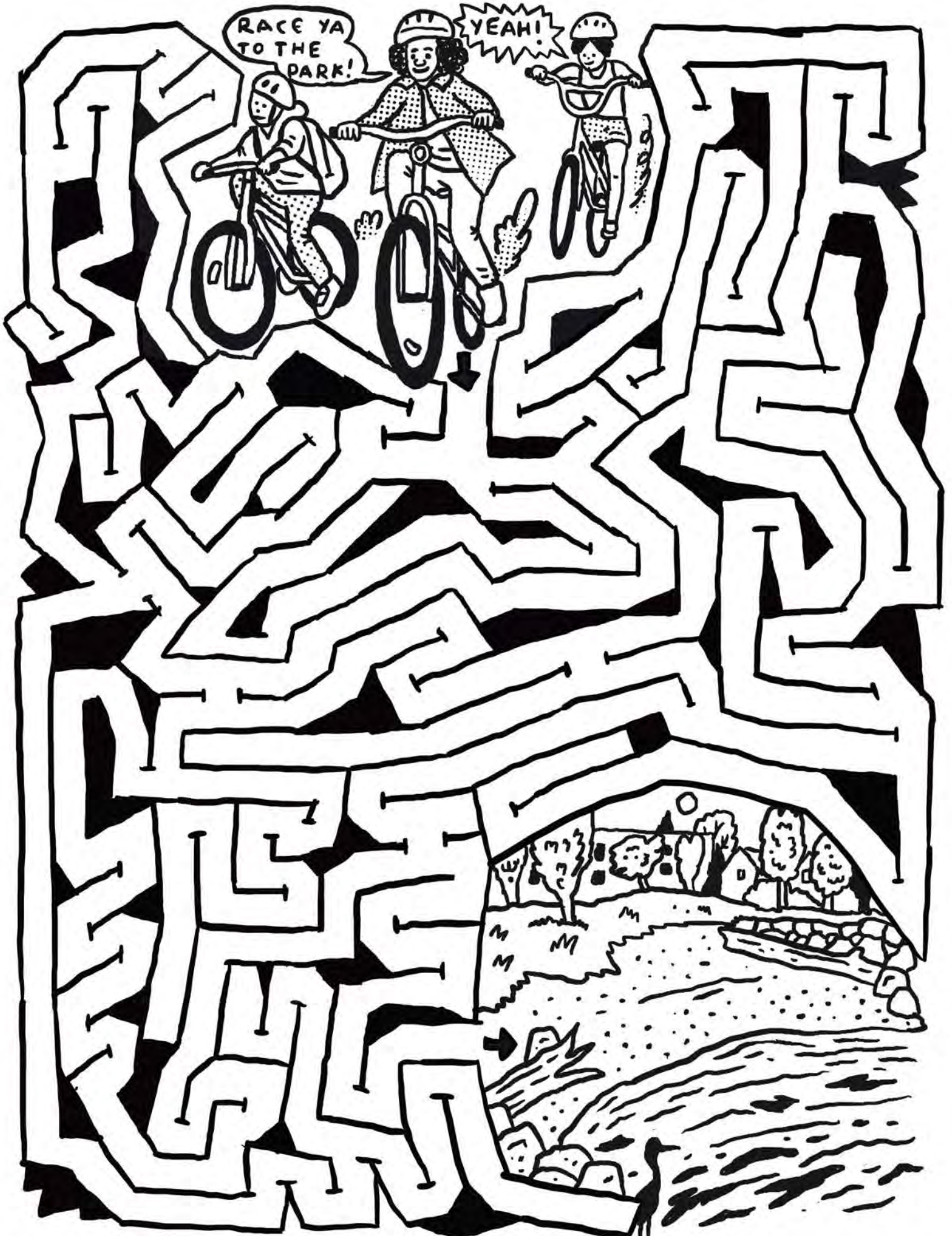
Artwork by Lizzi Akana, Rolando Avila, and Darin Shuler
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This book was co-created by Public Health – Seattle & King County
and community partners from Healthier Here and Best Starts for Kids.



Welcome to
ZANYVILLE

CAN YOU FIND 3 WAYS TO GET TO THE PARK?



SPOT THE DIFFERENCE

Can you find 11 differences between these pictures?

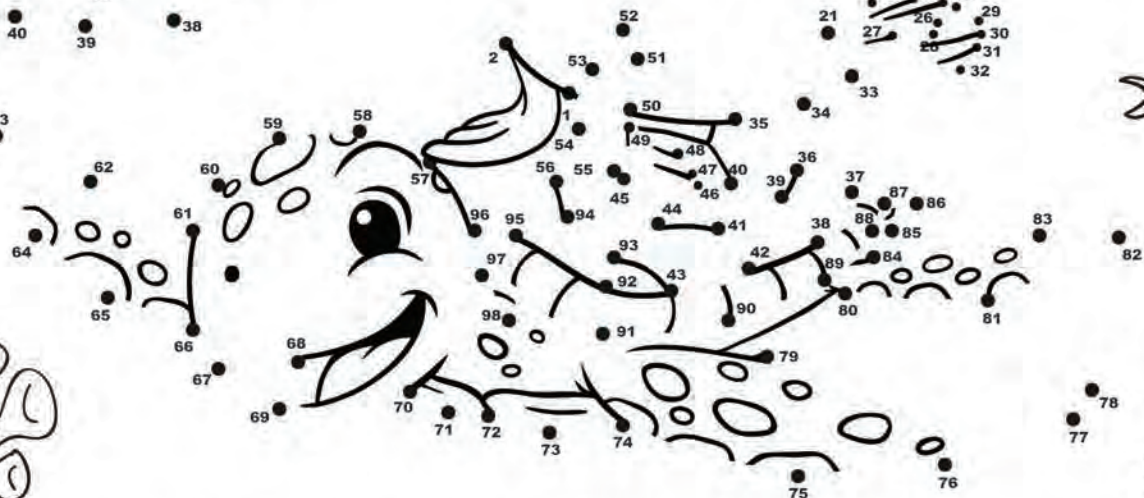
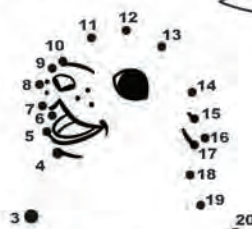
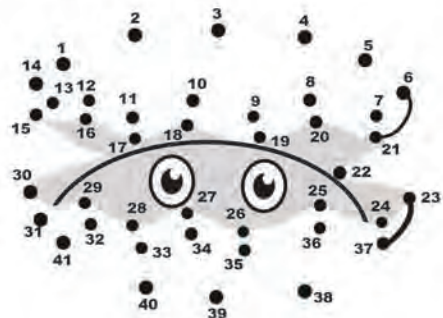


Find all the things that keep you healthy and fight germs!
Look for: Soap and Water, Face Mask, Hand Sanitizer, Playing Sports, Apples, Banana, Bandaid, Avocado, covid Test Kit, Getting Good Sleep.



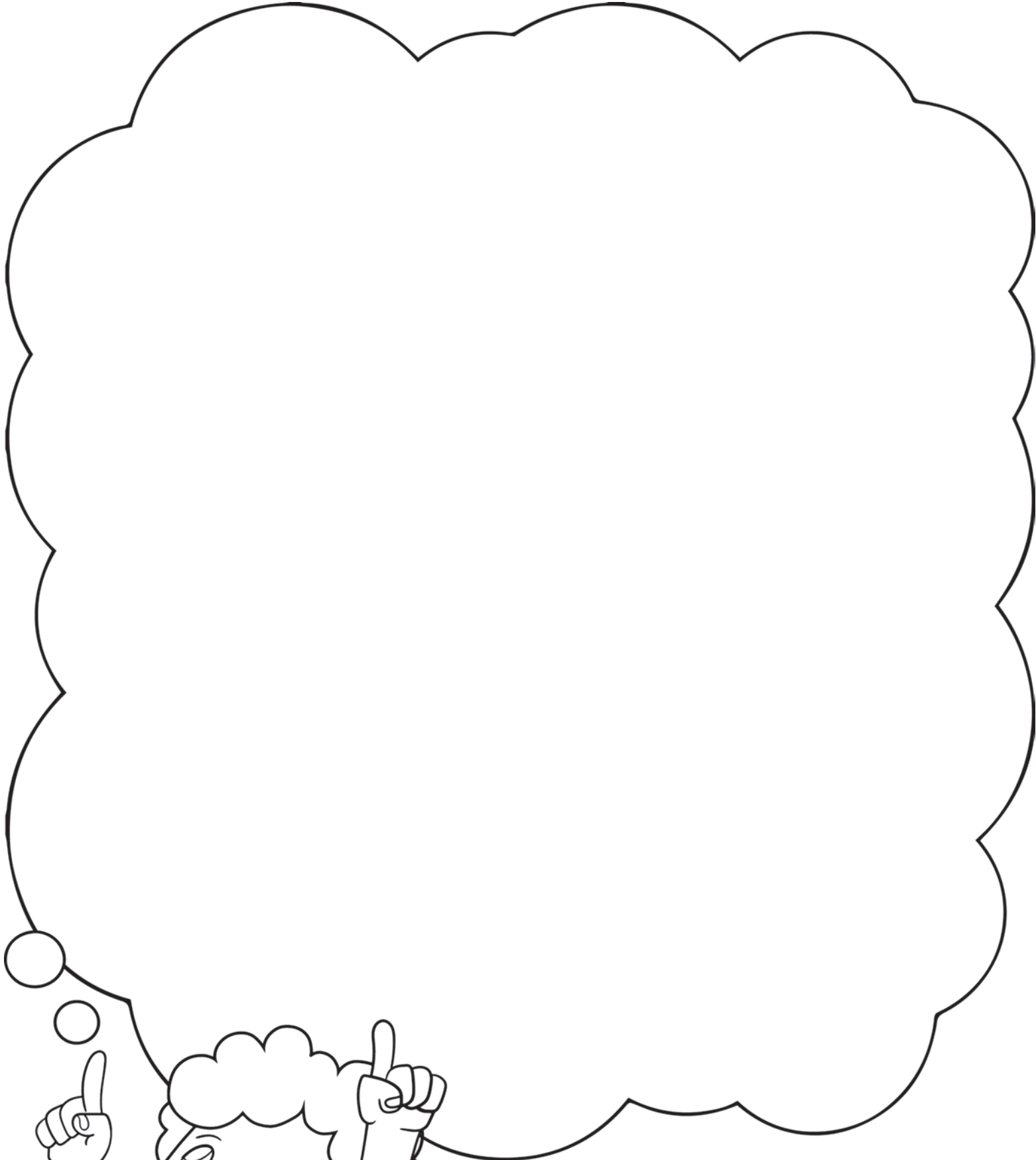






C O N N E C T

THE DOTS!



IMAGINE
YOUR PERFECT DAY

Later that day...



I did it!
I got the shot!

You were brave!



And now I'm ready to play...



ULTRA GERM FIGHTERS!



THE END

ODEEFFANNOO WAA'EE COVID FI TALAALLIIWWAN BIROO DAA'IMMANII WARRA FI MAATILEEDHAF

Daa'imni kiyya talaallii fudhachuun maaliif barbaachisaa dha?

Talaalliin daa'ima keessan dhukkuba cimaa ta'e kan akka shiftoo, COVID, fi pooliyoo irraa ni eega.

Talaalliwwan qaamni dhukkuba cimaa dhukkubsachuu osoo hin qabaatin akkamitti infekshinii irraa of eeguu akka danda'u barsiisa.

Talaalliin nama hawaasa keessa jiru hunda ni eega. Hundi keenya yeroo talaallii fudhanne, dhukkubni akka hin tatamsaane ittisna. Sunis keessattuu daa'imman talaallii murtaa'e fudhachuuf umriin baay'ee xiqqaa ta'anii fi namoota qaamni isaanii guutummaatti infekshinii ofirraa ittisuu hin dandeenyeef, kan akka maanguddootaa fi namoota HIV qabaniif barbaachisaadha.

Miidhaan talaallii irraa dhufu ni jiraa?

Wal'aansi fayyaa kamiyyuu talaalliwwan dabalatee miidhaa cimaa qaba. Miidhaan salphaan qaamni keessan humna eegumsa ijaaraa akka jiru isin beeysis. Miidhaawwan cimaa beekamaan dhukkubbii, ho'a qaamaa salphaa fi miira dadhabbiin namatti dhaga'amuudha.

Miidhaawwan cimaaan garmalee xiqqaadha. Hammam baay'ee xiqqaadha? Doosii talaallii miliyoona tokkoof namoota 1-2 qofatu alarjii hamaa qabaata. Kunis talaallii kenname hunda keessaa gara %0.0002 ta'a

Akkamittan talaalliwwan fudhachuun dhiphina akka hin qabne gochuu danda'a?

- **Meeshaa taphaa, kitaaba ykn wayaa qorraa/birdilibsii daa'imni keessan jaalatu akka itti mijjatuuf qabadhaa. Mucaa keessaniif amanamaa ta'aa.** Talaalliwwan in nama waraanan akka qummuudu ykn iddu akka danda'u, garuu yeroo dheeraaf akka hin dhukkubsine ibsaa.
- **Dibata dhukkubbii** hir'isu ykn biifama qabbanaa'aa ogeessa fayyaa daa'ima keessanii gaafadhaa
- **Daa'ima keessan yeroo talaallii fudhataa jiru yaada isaa sirbaan, seenaa ykn hammachuudhaan jeeqaa.**
- Dhukkubbii sana "afuufuu" gargaaruuf **daa'ima keessan waliin hafuura dheeraa baafadhaa.**

Daa'immni kiyya akka talaallii argatan akkamittan gochuu danda'aa?

Talaallii COVID-19 bilisaa: Daa'imman mana qorichaa hedduutti, doktora isaanii ykn kilinika isaaniitti, akkasumas bakkeewwan kingcounty.gov/vaccine irratti tarreeffaman irraa bilisaan talaallii COVID-19 fudhachuu danda'u (afaan hedduudhaaf sajoon/menu gadi bu'aa fayyadami).

Sagantaa Talaallii Daa'immanii Bilisaa: Daa'imman hanga waggaa 18tti talaallii kaffaltii tokko malee dhiyeessitoota eegumsa fayyaa hedduu kutaa Waashingitan keessa jiran irraa argachuu danda'u. Kaffaltiin bulchiinsaa jiraachuu danda'a, garuu akka dhiifamu gaafachuu dandeessu. Dhiyeessaa fayyaa barbaadi ykn gargaarsa inshuraansii argachuuf CHAP: 1-800-756-5437 (Ingiliffa/Ispeen qofa) bilbilaa.

Daa'imman guyyaa tokkotti talaalliwwan hedduu nagaan fudhachuu ni danda'u. Kun yeroo fi maallaqa si qusachuu danda'a!

Odeeffannoo dabalataa: Odeeffannoo dabalataaf
kingcounty.gov/findaclinic daawwadhaa (Afaan Ingiliffaa/Ispeen qofa).